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Note: Liberty High School does not endorse opportunities listed here; this is solely provided as a community service. Please make sure to adequately screen the organization you are considering volunteering for to make sure the position meets your needs and you understand all the requirements.

Volunteer Opportunities

CHECK OUT THESE SITES! UPDATED REGULARLY

<http://www.volunteersolutions.org>

<http://www.volunteermatch.org>

Winterfest Ice Arena

Seattle Center. November 27 through January 3, 2010. No skating experience required. Hand out and reshel rental skates to people who have come to fun at the rink. Shifts from 11 am to 4 pm, and 4 pm to 8 pm. Salliecrowell782@msn.com.

Snoqualmie Valley Hospital

If you are interested in a career in the medical field there is no better way to get started than to volunteer at a hospital. Snoqualmie Valley Hospital is training new volunteers beginning July 1st. Download program information and an application: Sno Valley Hospital Questions?? Contact Carol Waters, Coordinator Volunteer Services at carolw@snoqualmiehospital.org

Renew America Together

President Obama believes that we, as Americans, have a responsibility to help our communities and fellow citizens. In summoning a new spirit of service, he is calling on us to make an enduring commitment to our neighborhoods. www.serve.gov/

Do Something!

Do Something believes you have the power to make a difference. It is their aim to inspire, support and celebrate a generation of doers: people who see the need to do something, believe in their ability to get it done, and then take action. At DoSomething.org the tools and resources are provided to convert ideas and energy into positive action. Be part of a generation of doers. Using the power of online to get kids to do good things offline: <http://www.dosomething.org/>

KidsQuest Children's Museum

Become an Education and Activities Leader and help kids of all ages learn through play by volunteering. You should be 14 years of age, complete an application including two (2) letters of recommendation as well as the Washington State Patrol Background check form. You will be expected to attend a two-hour orientation, offered twice a month. There is no monthly hour commitment required. If interested, please contact Sarah Bigley, Volunteer Coordinator, (425) 637-8100 or sarahb@kidsquestmuseum.org

BAM (Bellevue Art Museum)

Teen Docents, ages 14- 19, meet on Wednesday afternoons during the fall to learn about exhibitions and gallery techniques and spend winter and spring months interacting with visitors. For more information visit: www.bellevuearts.org

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Volunteer Opportunities

TEEN LINK

Teen Link is a confidential, anonymous, and non-judgmental help line answered by teens from 6-10 p.m. 365 days a year. Teen Link volunteers are trained to listen to a caller's concerns and talk to them about whatever is on their mind. Teen Link is run for teens by teens, so there is always a need for volunteers. Teen Link offers numerous volunteer opportunities for teens such as: Youth Suicide Speakers Bureau, phone worker positions, School and Community Liaison as well as on the Peer Advisory Board for Teen Link. For more information and to volunteer go to: www.866teenlink.org click on volunteers

Trees 'n' Trails Program

Volunteer outdoors in the Greenway and learn about the natural treasures right in our backyards. This is a service-learning opportunity. Volunteers don't need to have any special experience or training, but should be in good health and willing to work outdoors in a variety of weather conditions. Most events run from 9:00 AM – 3:00 PM on Saturdays but there are weekday and Sunday events too. Please contact the volunteer program at 206-812-0122 or volunteer@mtsgreenway.org with questions.

YMCA

Multiple volunteer and service opportunities for teens. Whether it's a "Service Saturday" or a community event, the Y is a great place to get involved, year-round! Sammamish Family YMCA, 4421 228th Avenue SE, Issaquah, Heidi, (425) 391.4840 or hbohall@seattleyymca.org

Pacific Science Center

The **Discovery Corps** program seeks teen volunteers who are interested in gaining job and life skills while volunteering and working to provide Pacific Science visitors with a unique interactive experience. Volunteer opportunities can lead to paid positions. For details go to: www.pacificsciencecenter.org , or call 206-443-2884.

American Diabetes Association

Promote diabetes awareness, physical fitness and healthy eating. Raise money for the American Diabetes Assoc. and earn money back for P.E. equipment or school medical supplies. Sign up online at www.diabetes.org/schoolwalk

Friends of the Issaquah Salmon Hatchery

Volunteers needed for docent program to share the story of the salmon life cycle with school children, families and tourists. Training for new docents, call 427-0259 or email fishvolunteer@msn.com

Tutors

Tutor elementary and middle school students, many who are Spanish speaking, on Wednesdays right after school until around 4:30 p.m., at May Valley Alliance Church, 16431 SE Renton/Issaquah Rd. Please see Mrs. Schroeder for more information.

Tutor Newcastle Elementary students. Contact Mrs. Otley, Principal, (425) 837-5801.

Work with Briarwood Elementary Homework Club students every Monday and Tuesday from 3 – 3:45 pm. Contact Ms. Sarah Rahlfs, (425) 837-5016

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English Language Learners at Issaquah Valley Elementary

Students need your help to stretch their language skills in a fun, interactive, center based environment. Students grade 1-5, work in small groups in several different activities planned and run by teachers. Sign up for 1 day or a week, sessions last an hour. Smiles, maturity and consistent attendance are needed...please commit for a semester. Contact Julie Enyeart at IVE at 425-837-7219 or at enyeartj@issaquah.wednet.edu

Eastside Baby Corner

EBC is an all-volunteer charity that collects, sorts and distributes everything that children use from birth to age 12. The distribution center is located ½ block off SR900 off Maple Street in Issaquah. Volunteer work involves filling orders (filling bags with clothing for children) and sorting incoming clothing donations by size / gender / type of clothing. The work is very easy and is fun to do with friends! Most of our work is done on Monday evening from 7 to 8:30 p.m., 9 to 11 a.m. on Thursday mornings or Saturdays from 9 to noon. For more information check out their website: www.babycorner.org IMPORTANT NOTE: EBC has launched a new volunteer registration system. NOW YOU MUST REGISTER AND SIGN UP IN ADVANCE TO VOLUNTEER AT EBC. Register today at www.babycorner.volunteerhub.com

Arts & Crafts Leader

The after school drop-in program at the Issaquah Youth Center offers activities for youth, grades 6-10, Monday-Friday, 2:00-6:00pm. We are seeking a volunteer who could commit to at least one day per week for an hour or so during the after school hours. We have the art supplies - we just need some leadership. Youth volunteers are welcome. The minimum age for this opportunity is 16 years and older. Issaquah Parks & Recreation 301 Rainier Blvd. South Issaquah, WA 98027 If interested, contact Katie Hirschberg, 425) 837-3310, katieh@ci.issaquah.wa.us

Virginia Mason

Currently seeking volunteers aged 15 or older. Often, you will find yourself using skills and interests that you already have. That may include volunteering in patient services, clerical services, family services, the gift shop, assisting in regional clinics or working on special projects. For more information access foundation@vmmc.org or call Volunteer Services 206-583-6507.

Museum of Flight

Are you looking for a unique community service experience? the Museum of Flight's Museum Apprentice Program (MAP) is a great opportunity for students in grades 9-12 looking to volunteer. With three different ways to participate, there's something for everyone. Visit their web site at www.museumofflight.org/students or call 206-768-7187 for more information. MAP participants complete a twelve hour training course on exhibit design, presentation techniques and aviation history. After completing the training, students choose one of three apprentice pathways to follow.

Lifelong AIDS Alliance

The Chicken Soup Brigade needs volunteers to assist in preparation & packaging over 1500 meals a week for distribution. Lifelong also uses volunteers to work in their administration offices providing general office support. To volunteer fill out an application on-line at www.llaa.org or call the volunteer hotline at 206-957-1776. Click here for additional information: Lifelong AIDS Alliance

GILDA'S CLUB SEATTLE

Gilda's Club needs you! There are many different ways to volunteer for Gilda's Club. Key areas of volunteer activity include planning and participating in special events, and carrying out various administrative tasks. Call us at 206-709-1400 sign up online <https://www.gildasclubseattle.org/volunteer/Application.php>

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Puget Sound Blood Center

Friendly, flexible student volunteers are need for Donor Monitor and Donor Registration with day, evening, and weekend shifts available. Call Megan Petchel at the Blood Center 425-462-4381 for more information and an application.

Northwest Kidney Centers

Volunteering is a terrific way to contribute your skills, time and energy! The Northwest Kidney Centers sponsors many events every year, including the popular Kidney Health Fest for African American Families and the Family Health & Kidney EXPO. These events offer free health screenings and public education about kidney related issues. NKC also participates as an exhibitor in community outreach events, including the Diabetes Expo, Latina Health Fair, Pista sa Nasyon, Hispanic Seafair, and the Chinatown-International District Summer Festival, among others. To make these events successful, we need hundreds of volunteers! Event volunteer jobs include: registration, greeting, set-up, take down, talking to the public about kidney disease and more. Occasionally, volunteer opportunities are available in our administrative offices and community dialysis centers. For more information visit www.nwkidney.org

Little Bit

Little Bit Therapeutic Riding Center, a premiere Accredited Center for NARHA (North American Riding for the Handicapped Association) located in Woodinville, offers the physical benefits of horseback riding for riders of all ages with disabilities. We currently serve over 230 riders a week and over 350 volunteers are needed each week to assist them. Volunteers are needed to assist our riders and serve on committees. No previous experience is needed- we will supply you with the necessary training to work with our riders and unique therapy horses. We ask for a minimum time commitment of 2 hours a week for the duration of an 8-12 week quarter, and our 7 day a week program allows you to choose a day and time that best fits your schedule. Call 425-882-1554 or check our website at www.littlebit.org

And More Links to Volunteer Opportunities

National and community service volunteer opportunities: <http://www.cns.gov/>

Opportunities to spend two weeks working at a historical, cultural, environmental or social service institution: <http://www.volunteers.com>

Search for local volunteer opportunities through United Way by zip code: <http://national.unitedway.org/>

Opportunities for young people in America, ages 5-25: <http://www.servenet.org/>

Youth Volunteer Corps, a program of Camp Fire USA for youth ages 11-18: www.yvckingcounty.org